



Friday 15 November 2024  
Butetown Community Centre, Cardiff

*Please note: Food and drink will be provided and the conference can be accessed both in-person and online*

# AGENDA

| TIME    | TOPICS                                                                                                                                                                          | SPEAKERS                                                                                                                                           |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 10:30am | Arrive at venue                                                                                                                                                                 |                                                                                                                                                    |
| 11:00am | How the Welsh Government sees lived experience in healthcare<br><br>How health boards see lived experience in improving healthcare                                              | <i>Sarah Murphy MS - Deputy Minister for Mental Health</i><br><br><i>Professor Ceri Phillips - Vice-Chair of Cardiff and the Vale Health Board</i> |
| 11:30am | From forum representative to working for Powys Teaching Health Board                                                                                                            | <i>Penny Gripper - PTHB</i>                                                                                                                        |
| 12:00pm | <b>Breakout Groups:</b> <ul style="list-style-type: none"><li>• The role of the third sector in mental health</li><li>• Enacting change across mental health services</li></ul> | <i>Forum representatives</i>                                                                                                                       |



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|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 12:30pm | Lunch and Networking [30 mins]                                                                                                                                                                                   |                                       |
| 1:00pm  | Keynote speaker                                                                                                                                                                                                  | <i>Andrew Jenkins - The Traitors</i>  |
| 1:45pm  | <b>Breakout Groups:</b> <ul style="list-style-type: none"><li>Increasing diversity in service delivery and co-production</li><li>The National Guidance: how do we roll out co-production across Wales?</li></ul> | <i>Forum representatives</i>          |
| 2:15pm  | Feedback from breakout groups                                                                                                                                                                                    | <i>Sharon and Ruth from the Forum</i> |



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|--------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2:30pm | Comfort break [15 mins]                                                                               |                                                                                                                                                                                   |
| 2:45pm | Panel discussion: how do we move fowrard with lived experience involvement in health and social care? | <i>Terry Davies (WWAMH), Jim Widdet (Social Care Wales), Suzanne Duval (Diverse Cymru), Lucy Richardson (WLGA) Lance Carver (Vale of Glamorgan Council) and Forum Rep (Chair)</i> |
| 3:15pm | Adventures in sound - creative session                                                                | <i>Maggie and Sally</i>                                                                                                                                                           |
| 3:45pm | Close Conference                                                                                      |                                                                                                                                                                                   |



Dydd Gwener 15 Tachwedd 2024  
Canolfan Gymunedol Butetown, Caerdydd

*Sylwer: Darperir bwyd a diod a gellir cael mynediad i'r gynhadledd wyneb yn wyneb ac ar-lein*

AGENDA

| AMSEROEDD | PWNC                                                                                                                                                                                 | SIARADWR                                                                                                                                                |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10:30am   | Cyrraedd y lleoliad                                                                                                                                                                  |                                                                                                                                                         |
| 11:00am   | <p>Sut mae Llywodraeth Cymru yn gweld Profiad Bywyd mewn Gofal Iechyd</p> <p>Sut mae Byrddau Iechyd yn gweld Profiad Bywyd wrth wella Gofal Iechyd</p>                               | <p><i>Sarah Murphy AS - Y Dirprwy Weinidog dros Iechyd Meddwl</i></p> <p><i>Professor Ceri Phillips - Is-Gadeirydd Bwrdd Iechyd Caerdydd a'r Fr</i></p> |
| 11:30am   | O gynrychiolydd fforwm i weithio i Fwrdd Iechyd Addysgu Powys                                                                                                                        | <i>Penny Gripper - BIAP</i>                                                                                                                             |
| 12:00pm   | <p><b>Grwpiau bach:</b></p> <ul style="list-style-type: none"><li>• Rôl y trydydd sector mewn iechyd meddwl</li><li>• Gweithredu newid ar draws Gwasanaethau Iechyd Meddwl</li></ul> | <i>Cynrychiolwyr y Fforwm</i>                                                                                                                           |



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# AGENDA

| AMSEROEDD | PWNC                                                                                                                                                                                                                | SIARADWR                          |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| 12:30pm   | Cinio a Rhwydweithio [30 munud]                                                                                                                                                                                     |                                   |
| 1:00pm    | Prif siaradwr                                                                                                                                                                                                       | <i>Andrew Jenkins - Y Bradwyr</i> |
| 1:45pm    | <b>Grwpiau bach:</b> <ul style="list-style-type: none"><li>Cynyddu amrywiaeth o ran darparu gwasanaethau a chyd-gynhyrchu</li><li>Y Canllawiau Cenedlaethol, sut mae cyflwyno cyd-gynhyrchu ledled Cymru?</li></ul> | <i>Cynrychiolwyr y Fforwm</i>     |
| 2:15pm    | Adborth gan grwpiau grŵp                                                                                                                                                                                            | <i>Sharon a Ruth</i>              |



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| AMSEROEDD | PWNC                                                                                                              | SIARADWR                                                                                                                                                                                             |
|-----------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2:30pm    | Egwyl gysur [15 munud]                                                                                            |                                                                                                                                                                                                      |
| 2:45pm    | Trafodaeth banel: Sut ydyn ni'n symud ymlaen gyda chynnwys Profiad Bywyd yn y sector lechyd a Gofal Cymdeithasol? | <i>Terry Davies (WWAMH), Jim Widdet (Gofal Cymdeithasol Cymru), Suzanne Duval (Diverse Cymru), Lucy Richardson (CLILC) Lance Carver (Cyngor Bro Morgannwg) a Chynrychiolydd y Fforwm (Cadeirydd)</i> |
| 3:15pm    | Anturiaethau mewn sain – sesiwn greadigol                                                                         | <i>Maggie a Sally</i>                                                                                                                                                                                |
| 3:45pm    | Diwedd y Gynhadledd                                                                                               |                                                                                                                                                                                                      |